

“There is more to us than we know. If we can be made to see it, perhaps for the rest of our lives we will be unwilling to settle for less.”

Kurt Hahn,

Co-Founder of Outward Bound



CHIJ Secondary Parents Briefing for MOE-OBS Challenge Programme

COURSE DATES:

4 May (Tues) to 7 May (Fri) 2027 (Term 2 Week 7)

TEACHER CO-ORDINATOR:

Mr Harry Goh

E-MAIL ADDRESS OF TEACHER CO-ORDINATOR:

goh_poey_huat_harry@moe.edu.sg



Ministry of Education
SINGAPORE



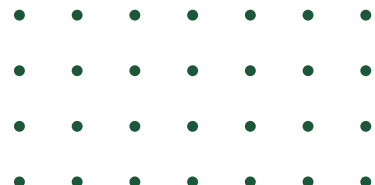
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The background image shows a large, multi-story school building with a traditional tiled roof and a central gable. In the foreground, there is a large circular stone emblem on a paved area. The emblem features a central star and crescent, surrounded by the words 'SINGAPORE' and 'MINISTRY OF EDUCATION'. Below the emblem, the motto 'TO SERVE TO STRIVE AND NOT TO YIELD' is inscribed. The entire image has a green tint.

1

WHAT IS THE MOE-OBS CHALLENGE (MOC) PROGRAMME?

A holistic education

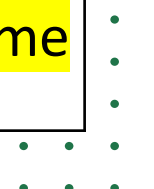
- As part of the **National Outdoor Adventure Education Masterplan**, students will have opportunities outside the classroom to develop holistically; building up their **ruggedness** and **resilience**.
- **Authentic learning experiences** help our students to develop 21st century competencies as well as competencies for **sustainable, active and healthy living**.



Outdoor adventure learning experience for all



Lower Primary	Upper Primary	Lower Secondary	Upper Secondary
Programme for Active Learning (Outdoor Education)	Outdoor Adventure Learning (OAL) Camp	Outdoor Adventure Learning (OAL) Camp	MOE-OBS Challenge Programme



Outdoor adventure learning

1. Outdoor Education is a component of curriculum in our schools. The MOC Programme is an expedition-based course that will bring together students from various schools, allowing them to interact and work together to overcome various challenges.
2. The experience will provide opportunities for students to:
 - a) Build camaraderie through working together in unfamiliar yet authentic situations;
 - b) Be resilient, have empathy and maintain a positive attitude when faced with adversity.
3. Through overcoming challenging obstacles with their peers, participants learn that it is possible to be innovative and to adapt to their surroundings.



What will my child learn from the MOC?

Confident Person & **Resilience**

Thriving in an unfamiliar environment with other students.

Social Cohesion

Working together with students from various schools to achieve a common objective.

Concerned Citizen

Different roles they can play as a resident to the community and environment.



Your child's journey

Pre-Course Lessons & Preparation

- Outdoor Education in PE lessons
- Character and Citizenship Education (CCE) lessons
- Pre-course lesson with Form Teacher
- School briefing to cohort



MOC Course

- Students share their experiences and learning from the course
- Reflect on commitment that they set for themselves during the course – on their actions and behaviour, interactions with others and the environment



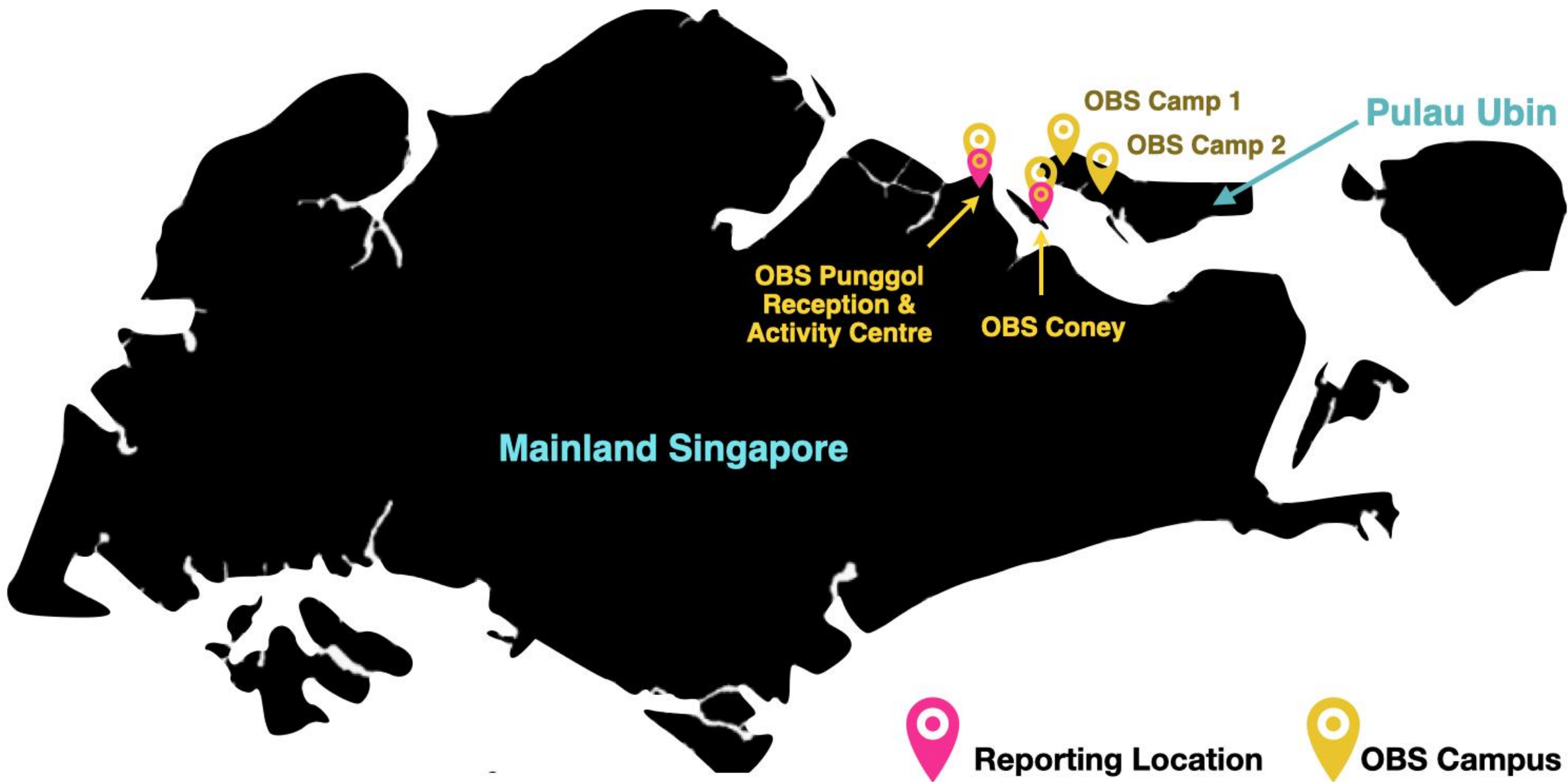
Post-Course Lessons & Reflections

- Develop character and learn values and skills through doing and reflection
- Learning in outdoor classroom



Sample of an MOC course

First Day	←————→	Last Day
Objective: Team Socialisation	Objective: Building competence & confidence by overcoming challenges as a team	Sharing of Feedback, Transfer of Learning
In-process administration Ice breaker Expectation setting First aid briefing Team problem solving activities Expedition preparation	Expedition preparation, journaling, morning circle Land and water-based expeditions Wash up, tent pitching, outdoor cooking	Peer affirmation Commitment activity Sharing of feedback Transfer of learning Final debrief Certificate presentation
Debriefing / Journaling / Sharing of reflection / Lights out		



A woman and a child are rappelling down a rope in a forest. The woman is in the foreground, wearing a blue cap and a red shirt, looking down at the rope. The child is behind her, wearing a grey cap and a yellow shirt, also looking down. The background is a dense green forest. The image has a green tint.

2

**YOUR CHILD'S SAFETY
IS OUR TOP PRIORITY**

Your child's safety is our top priority

As the pioneer in Singapore's outdoor adventure education, OBS upholds and delivers quality outdoor adventure programmes



Programme designed with safety in mind



Qualified and certified instructors in First Aid



Registered nurses manning the Medical Centre



In an unlikely event your child requires medical attention

Student does not require further medical attention



OBS will assess, treat & monitor



Student recovers and is well to re-join the group, and continue with the course



School/Parent not informed, OBS will manage the non-emergency situation

Student requires further medical attention



OBS will assess, treat & monitor



Student's symptoms are not improving, to be conveyed for further medical attention at clinic/hospital



Parent/Guardian informed
School informed

A photograph of three people wearing yellow life jackets, looking down at a map spread on the ground. The person on the left is wearing a grey cap and glasses. The person on the right is wearing an orange shirt. The background shows a blue structure and some foliage. The image has a green tint.

3

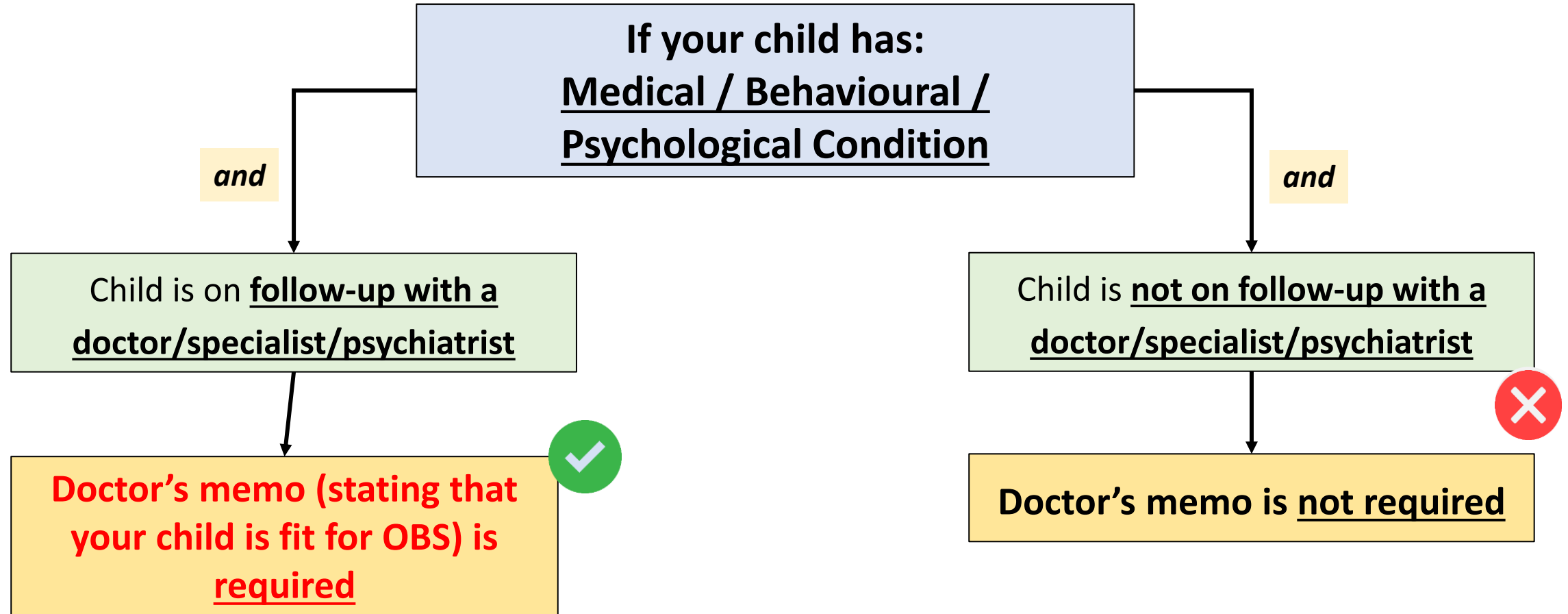
HOW DO I eREGISTER MY CHILD?

Before eRegistration

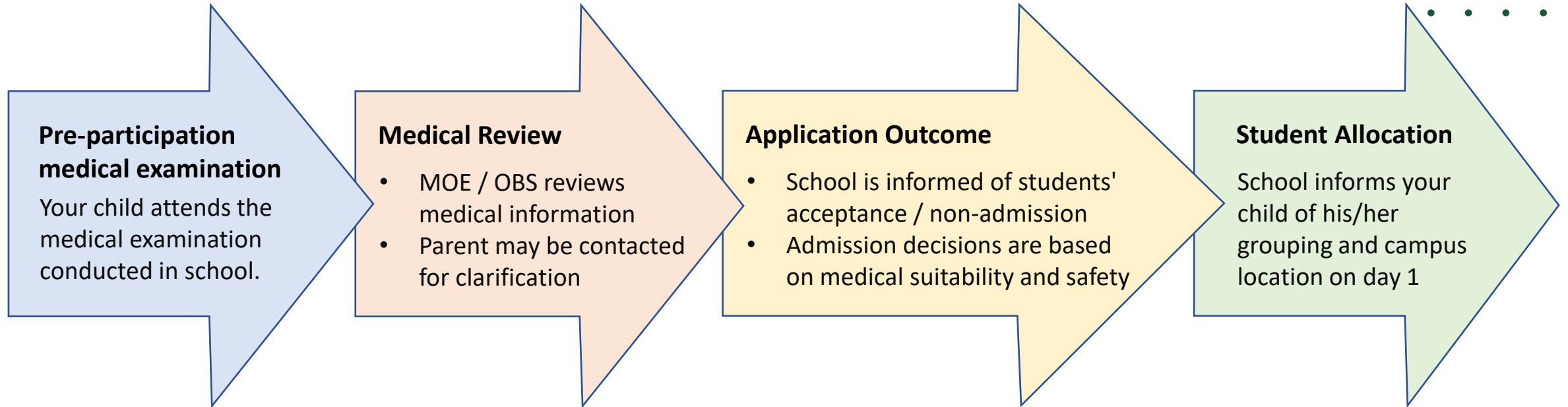
Have the following information & devices ready:

- 1 Mobile Phone / Laptop / Tablet Device
- 2 SingPass
- 3 Your child's class
- 4 Your child's school email address
- 5 Your child's weight

Conditions that require a specialist's memo



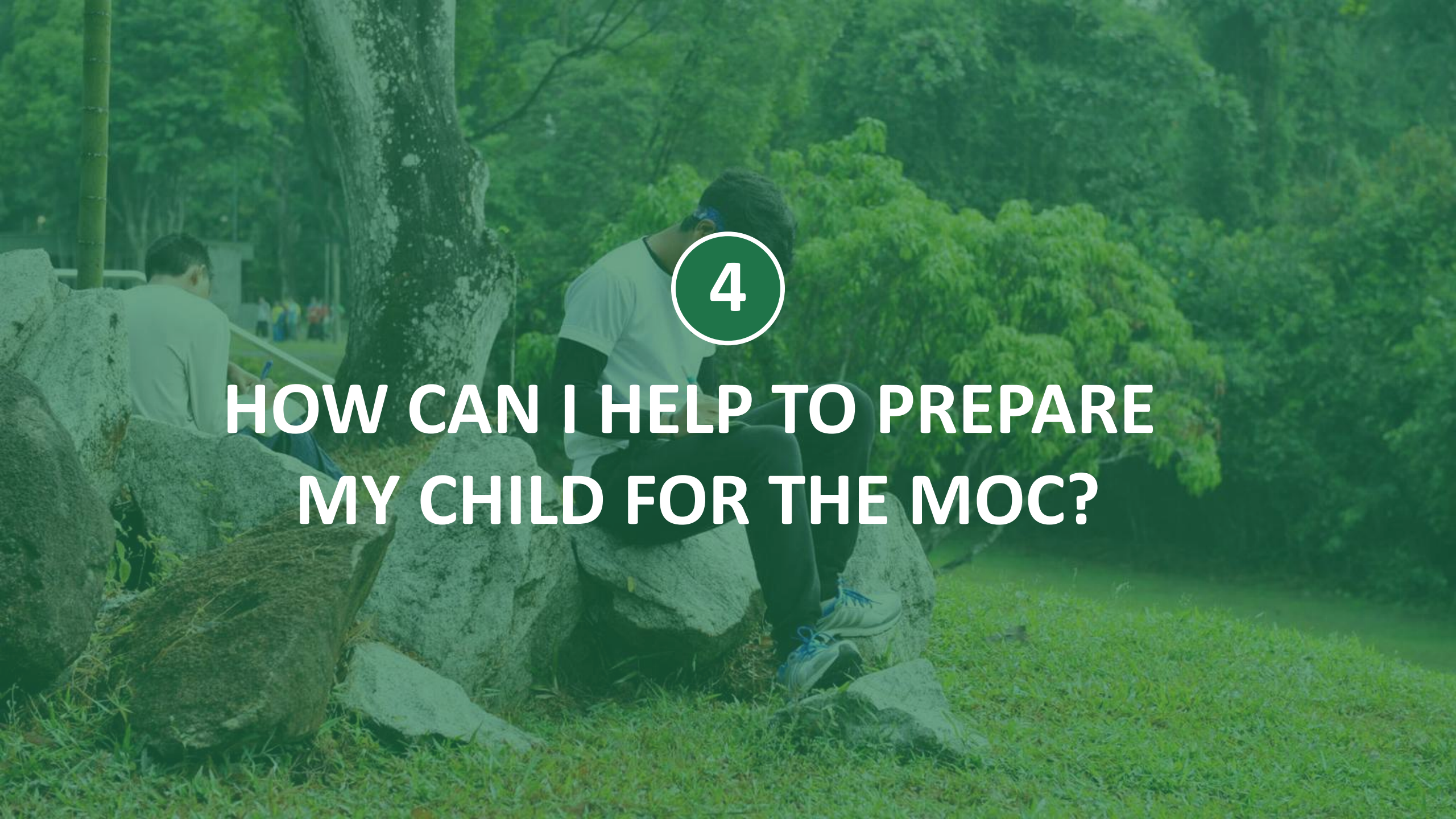
Enrolment Timeline



Please Note:

For the safety of all participants, the following students **will not be enrolled** into the programme:

- Students with medical conditions classified as **non-admissible**
- Students who are certified as **unfit**

A person is sitting on a large, grey rock in a lush green forest. They are wearing a white t-shirt, dark pants, and blue sneakers. A large tree trunk is to their left, and a body of water is visible in the background. The scene is overlaid with a green tint.

4

**HOW CAN I HELP TO PREPARE
MY CHILD FOR THE MOC?**

Before the MOC

Prepare your child by encouraging him/her to:

1 Be selfless, supportive & encourage his/her teammates



2 Participate actively



3 Maintain a positive outlook



4 Immerse in the experience & environment



Packing list

These items will be provided by OBS:



Expedition bag



Personal Floatation Device (PFD)



Poncho



Whistle



Scan the QR code for the latest packing list

<https://go.gov.sg/5dmocpackinglist>



*Students are encouraged to borrow required items from family / friends / schoolmates instead of buying.

OBS 5-DAY EXPEDITIONARY COURSE PACKING LIST

This is a guide to help you pack. You are encouraged to borrow from friends and family if you do not have the items. Expedition items such as backpack, poncho, whistle will be provided. Do label your personal items. The recommended quantity depends on your preferred needs. Please keep your expensive items at home. You are encouraged to re-use or re-purpose the items that are used during the camp to work towards minimal or zero waste.

REPORTING ATTIRE ON DAY 1, WEAR:

- ☐ 1 pc Long-Sleeved T-shirt or T-shirt with Arm Sleeves
- ☐ 1 pair Long Pants
- ☐ 1 pc Covered Shoes and Socks

PACKING LIST

- ☐ 1 pc Broad Brimmed Hat or Cap
- ☐ 3-4 pc Long-Sleeved T-shirt or T-shirt with Arm Sleeves
- Mandatory for sea expedition
- ☐ 3 pair Long Pants
- Mandatory for climbing activities/expeditions (three-quarter pants and jeans are not allowed)
- ☐ 2 pc Short-Sleeved T-shirt
- For physical activities e.g. PC attire
- ☐ 2-3 pair Shorts
- For physical activities e.g. PC attire
- ☐ Sufficient Undergarments
- Avoid disposables to minimise trash
- ☐ 2 pc Towels
- 1 for showering (just 60cm x 130cm)
- 1 small towel for expeditions (just 20cm x 80cm)
- ☐ 1 pair Additional Covered Shoes for Water Activities
- For protection from underwater rocks, to protect feet e.g. sea/ water activities
- ☐ 1 pair Sandals/ Slippers
- For use during non-activity period e.g. showering
- ☐ Sufficient Socks

Illustrations and Notes:

- Long pants & long-sleeved shirt:** Long pants & long-sleeved shirt protect against insect bites, abrasions and sunburn. *Wash & re-arrange/replace when needed.
- Footwear:** Footwear covered shoes need to be worn throughout the day for all activities, ensure that the soles are intact. *Ensure shoes that fit well, are comfortable and provide support to prevent blisters or injuries.
- Socks:** Socks wear socks that cover the ankles to prevent blisters and protect against insect bites and sand stings.

IMPORTANT PERSONAL ITEMS

- ☐ Min. 10 pcs Re-usable bags to segregate items during activities and to pack worn clothes and shoes
- ☐ 1 bottle Hand Sanitizer
- ☐ Sufficient Insect Repellent
- ☐ Sufficient Sun Protection
- Sun block (SPF 30 or higher), lip balm, and after-sun lotion
- ☐ 1-2 bottles Water bottle(s) to hold at least 1 litre of Water
- E.g. 3x 0.5L water bottle
- Sharing of personal water bottle is not allowed for hygiene purposes
- ☐ 1 set Fork & Spoon
- Metal utensils recommended
- ☐ Sufficient Essential Toiletries
- For hygiene e.g. shampoo, body wash, toothbrush, toothpaste and a safety razor (for males only)
- For camping e.g. toilet roll, body powder or pretty heat powder
- ☐ Sufficient Prescribed Medication in Own Name
- e.g. inhaler, oral medication (all prescribed medication must be declared)
- *OTC (over-the-counter) medications are not required
- ☐ Sufficient Torchlight & Spare Batteries
- For night/day movement around the campsite
- ☐ 1 set MOE-OBS Course Journal & Pen
- ☐ Sufficient Plastic Bags/Re-usable Bags
- ☐ Sufficient Spare Spectacles or Contact Lenses
- Secure with spectacles bands
- Retainers and hooks are not encouraged
- ☐ 1 pc EZ Link card ID

OPTIONAL ITEMS

- ☐ Sufficient Tropical Lightweight Sleeping Bag or Mat
- Ensure that it is water proofed
- ☐ 1 pair Gloves
- ☐ 1 pc Rain Jacket
- ☐ 1 pair Sunglasses
- ☐ 1 pc Wrist Watch

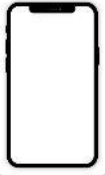
Illustrations and Notes:

- Re-usable bags:** Put your re-usable bags in a bag label with your personal details e.g. name, class, school.
- Essential supplies:** Must have to protect against insect bites, sunburn and dehydration.
- Sun protection:** For sea protection.
- Tropical Lightweight Sleeping Bag:** For sea protection.
- Wrist Watch:** For sea protection.



Reporting attire can be found in the packing list

MOC ASK GOV



Can my child bring his/her handphone?



What if my child is unable to swim?



<https://go.gov.sg/askobs>



Will there be washrooms / toilets available if my child is camping outdoors?



Does my child need to bring a sleeping bag?

Scan the QR Code to access MOC AskGov FAQ



Find answers anytime



Reliable answers



Easy-to-use on any device



Also visit

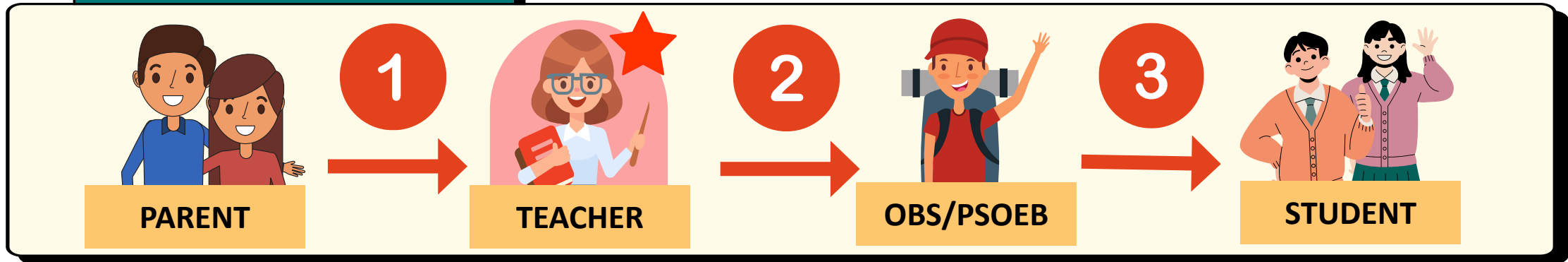
<https://go.gov.sg/moc>

for more information about the MOC programme

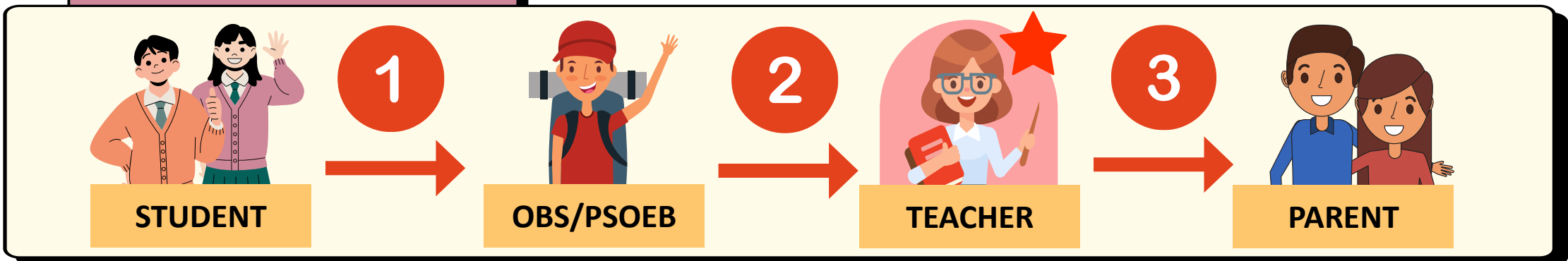
Communicating with your child

To contact the teacher coordinator,
please email Mr Harry Goh at
goh_poey_huat_harry@moe.edu.sg

PARENT TO STUDENT



STUDENT TO PARENT



- Your child's valuables, including phone, will be safe-kept during the duration of the programme, this communication channel should only be used in case of emergencies

Timeline	Date/s
Briefing to students	15 Jan (Thurs)
PG to parents	28 Aug 2026 (Fri)
Briefing to parents	28 Aug 2026 (Fri)
E-registration by parents/guardian	31 Aug (Mon) to 16 Sep (Wed)
Medical screening (takes about 10 minutes) in school (Comp Lab 4)	12 Oct (Mon) or 13 Oct (Tues) afternoon
Final briefing to students	In April/May next year (2027)
OBS programme	4 to 7 May 2027 (Term 2, Week 7)



If you have need any questions,
please type into the chat.

If you need any specific clarifications
pertaining to your daughter, please
email me at

goh_poey_huat_harry@moe.edu.sg

In your email, please state your
daughter's name and class & your
contact number.



“

**I regard it as the foremost task of
education to ensure survival of these
qualities:**

**an enterprising curiosity;
an undefeatable spirit, tenacity in
pursuit, readiness for sensible self-denial
and above all, compassion.**”

————— *Kurt Hahn* —————
Co-founder of Outward Bound

